Help Your Teenager Beat an Eating Disorder
James Lock MD PhD, Daniel Le Grange PhD

Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method by Janet Treasure, Gráinne Smith and Anna Crane

Getting Better Bit(e) by Bit(e): A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders by Ulrike Schmidt and Janet Treasure