



INFLUENZA VACCINE FOR STAFF 2025

At Landspítali it is recommended that all staff/contractors and students are vaccinated for influenza, which is free of charge.

Department managers can order influenza vaccines and vaccinate their staff members in their ward, but information for ordering the vaccines and registration have been sent to all managers.

Staff nurses will also have open vaccination appointments where people can just show up and don't need to registrate beforehand, see the dates below:

Date	Time	Location
Monday 13 th of October	11:00-12:00	Landakot 1 st floor by the elevator
Monday 13 th of October	13:00-14:30	Hringbraut, Twisturinn in front of the candine
Tuesday 14 th of October	9:30-10:30	Skaftahlíð 24, coffeeheart 1 st floor north
Wednesday 15 th of October	10:00-10:30	Bugl Göngudeild
Wednesday 15 th of October	12:30-14:00	Fossvogur, Trölladyngja, 5 th floor
Thursday 16 th of October	10:00-10:30	Kleppur, Hamborg 1 st floor
Thursday 16 th of October	13:00-14:00	Hringbraut, Twisturinn in front of the candine
Friday 17 th of October	10:00-10:30	Veirudeild Ármúla, candine
Monday 20 th of October	13:00-14:00	Fossvogur, Trölladyngja, 5 th floor
Tuesday 21 st of October	13:00-13:30	Eiríksgata 5, Engey 3 rd floor B
Wednesday 22 nd of October	10.00-10.30	Tunguháls, laundry room cafeteria
Wednesday 22 nd of October	12:00-13.30	Hringbraut, top of stairs in front of the candine
Thursday 23 rd of October	10:00-10.30	Sjúkraskrár- og skjaladeild Kópavogssgerði
Thursday 23 rd of October	12:00-13:00	Fossvogur, Trölladyngja, 5 th floor
Friday 24 th of October	10:00-11:00	Skaftahlíð 24, coffeeheart 1 st floor north
Wednesday 29 th of October	7:30-8:30	Fossvogur staff entrance under G-2
Wednesday 29 th of October	12:00-13:00	Hringbraut, top of stairs in front of the candine
Thursday 30 th of October	10:00-11:00	Landakot 1 st floor by the elevator
Friday 31 st of October	7:30-8:30	Hringbraut, at the security guards ambulance entrance

This winter 2025-2026 we will use **Vaxigrip** to vaccinate for the early influenza according to the decision of Sóttvarnarlæknir. This vaccine **Vaxigrip** is trivalent and includes protection against influenza A(H1N1 and H3N2) and influenza B(B/Austria/1359417/2021).

The vaccine is grown in fertilized chicken eggs from healthy chicken. Do not use **Vaxigrip** if you are allergic to: the active substances or any of the other ingredients (Sodium chloride, potassium chloride, disodium phosphate dihydrate, potassium dihydrogen phosphate and water for injections) or any of the other residues that may be present, such as eggs, eggwhite, neomycin, formaldehyde and octoxynol-9.

If you are sick with high fever or acute infection you should postpone vaccination until you are better. Please also note that 3-4 weeks need to pass between vaccinations if they are not given simultaneously.

For more information contact staff nurses at Landspítali in starfsmannahjukrun@landspitali.is